

Personal Development at Work

Participation Information for a Research Project at TUM



Technical University of Munich

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Chair of Research and Science Management

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<https://www.professors.wi.tum.de/en/rm>

Project Team

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What is it about?

Most people spend much of their daily lives working. And most define themselves strongly in terms of their job, their work role and the company they work for.

Having this in mind, the present research project focuses on the personal development of people in professional life.

Our goal is to understand better how certain factors (e.g., the work climate or leadership culture) impact employees' personal development over time.

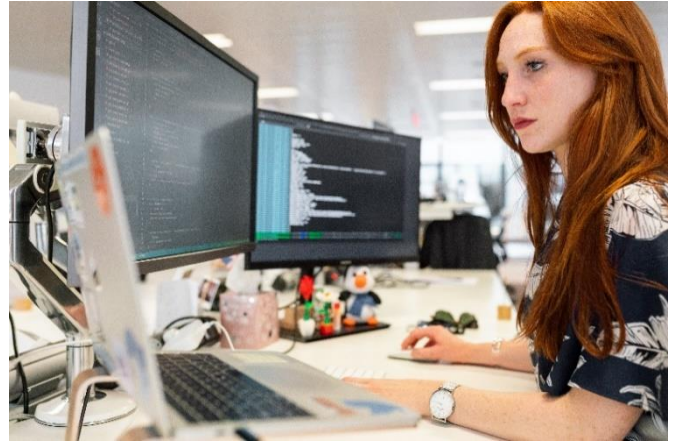
Further information on the research project:

www.professors.wi.tum.de/en/rm/research/personal-development-at-work

How do you benefit?

In addition to contributing to science, you individually benefit from the opportunity to reflect on your own personal development at work. At the same time, you will receive impulses and reflections on selected topics of the world of work (e.g., interacting with new colleagues and managers, dealing with conflicts, personal values and ideas) from the research team at regular intervals.

Research shows the importance of reflection for personal development. We would like to support you in this!



Who can participate?

We are looking for interested individuals, teams as well as companies all around the world.

Specifically, we strive to accompany people who have just recently joined a company (< 6 months). However, people who have been working in a company for a longer period of time can also participate.

There are no restrictions in terms of occupation, industry or company size.

How does the project work?

Over a time period of three years, participants will receive survey invitations at intervals of 3 to 6 months. The survey will be conducted online and is easily accessed via mobile devices (e.g., smartphone, tablet).

Another component of the research project is in-depth interviews in which participants will report on their personal work experiences.

Participants receive financial compensation for the time spent.

How to participate?

If you want to be part of the research project as individual, register via the following internet address:

<https://ww3.unipark.de/uc/dfg/reg/>

If you like to participate as a team or an organization or would like to receive further information, please contact us via: martin.fladerer@tum.de